

OPENING HOURS:

Tuesday - Gunters Flammkuchen Pizza Truck

Wednesday - Friday Lunch: 12.00 - 2.30

Dinner: 5.00 - 8.30

Saturday & Sunday All Day: 12.00 - 8.30

THE BOWLO KITCHEN

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Wednesday - Friday Lunch: 12.00 - 2.30

Dinner: 5.00 - 8.30

Saturday & Sunday All Day: 12.00 - 8.30

STARTERS & SHARING

	MEM / NON
Chips & aioli GF/DF/VEG/VO (Not Ceoliac)	8 / 9
Potato Scallops w Bowlo chicken salt & tartare VO	8 / 9
Garlic cob loaf VEG	9 / 10
Charred Corn w chipotle butter & parmesan VEG	9 / 10
Salt & Pepper Squid w aioli GF	14 / 15
Chicken Wings w ranch sauce & Frank's red-hot buffalo or Texas BBQ sauce GF	14 / 15
House Made Asian Spring Rolls w a soy, ginger & sesame dipping sauce Pork & Ginger or Crispy Veg & Hoisin VEG	15 / 16
Butter Milk Fried Chicken w slaw & sweet soya dipping sauce	15 / 16
Ballina Prawn Cutlets w caesar wedge & sweet chilli sauce	19 / 20
Farmers Market Mezze Platter for 2 (check the specials board)	27 / 28

MAINS/PUB CLASSICS

Pie of the Day w chips & salad (check the specials board)	20 / 21
House Battered Fish & Chips w salad & tartare sauce	22 / 24
Chicken Schnitzel w chips, salad & choice of sauce DF	20 / 22
Make it a Parm	5
Pumpkin & Sage Ravioli w spinach, truffle oil, mushroom vinaigrette & parmesan VEG	23 / 25
Oxtail Ragu w Pappardelle pasta w parsley gremolata & parmesan	26 / 28
Roast Vegetable Plate w curried cauliflower, pencil carrot, butternut pumpkin, sweet potato, rocket, grilled haloumi & cherry tomato confit VEG/VO/GF	22 / 24
12 hour Braised Lamb Shank w smoked bacon & aged cheddar mash	22 / 24
Add extra Shank	12

THE GRILL

Peri Peri Chicken Half - Alstonville Northern Rivers Free Range	24 / 26
Eye Fillet 200g - QLD Angus Pasture Fed	34 / 36
Rump 250g Kilcoy - QLD Angus Beef Grain fed	24 / 26
Scotch Fillet 300g - Casino Northern Rivers Pasture Fed	32 / 34
T Bone 400g - Gippsland Victoria Pasture Fed	38 / 40
Fish of the Day (check the specials board) served w Lemon & tartare	Market Price

All grill dishes come with salad plus your choice of side & sauce

Sides: Chips Mash Slaw Ham Hock Mac & Cheese Steamed Vege Garden Salad	7
Sauces: Green Peppercorn Mushroom Gravy	3
Bernaise Café de Paris	4

BURGERS

	MEM / NON
Chickpea & Lentil Burger w rocket, tomato, onion jam, whipped tahini & chips VEG	17 / 19
Crispy Pork Belly Burger w slaw, pickles, chilli sauce, aioli & chips	18 / 19
Grilled Chicken Burger w lettuce, tomato, onion, aioli & chips	17 / 18
Add bacon	3
180g Black Angus Cheeseburger w pickles, iceberg, house sauce & chips	18 / 19
Add bacon	3
Steak Sandwich w iceberg, beetroot, tomato, gruyere cheese, fried egg, mustard onions, aioli & chips	21 / 23

SALADS & SIDES

Roast Pumpkin, Rocket & Burrata Salad w sundried tomato dressing VEG/VO	19 / 21
Crispy Pork w Asian slaw & Thai dressing DF	21 / 23
Iceberg Wedge w creamy dressing, chickpea crunch, fresh shallots GF/VEG	16 / 17
Add grilled Chicken Breast or Crispy Pork Belly GF/DF	5
Add house Crumbed Prawn Cutlets (3)	9

DESSERTS

Sticky Date Pudding w salted caramel sauce & vanilla bean ice cream	11 / 12
Apple Crumble Pie served w vanilla Bean ice cream	11 / 12
Classic Tiramisu	11 / 12

KIDS

Grilled Chicken salad DF/GF	9 / 10
Tomato & Cheese pasta VEG	9 / 10
Minute Steak, chips & salad DF/GF	9 / 10
Fish & Chips DF	9 / 10
Cheeseburger & Chips	9 / 10
Add middy of soft drink/juice popper & ice cream	3

ADD ONS

Fried Egg Bacon	3
Grilled Haloumi	5
Crispy Pork	5
Grilled Chicken	5
Half Avocado	5
Prawn Cutlets (3)	9

TAKE-AWAY AVAILABLE FOR ALL MEALS

Please check the board for our daily specials

V = Vegan | DF = Dairy free | GF = Gluten Free
VEG = Vegetarian | VO = Vegan option

Please alert staff for all other dietary needs.

15% Surcharge on all public holidays